

Practice Journal

Date: _____

Time Subject Resource Start Stop Notes

Electric Bass Practice

10	Rhythmic Reading				
10	Melodic Reading				
10	Technique				
5	Chord Theory				
5	Scale Theory				
15	Improv				
15	Jazz Song Study				

Acoustic Bass Practice

10	Rhythmic Reading				
10	Melodic Reading				
10	Technique				
5	Chord Theory				
5	Scale Theory				
15	Jazz Studies				
10	Classical Studies				
10	Styles				

Extra Studies

30	Transcription				
30	Finale				

Notes for next practice:
